

CHEESE FREEZE

Cucina Fresca Gourmet Foods gained popularity as a small pasta shop in Pike Place market. The company has grown leaps and bounds, and you can now find its fresh pastas and sauces in Metropolitan Market, Whole Foods and other grocery stores. You can eat a tasty, cheesy meal in minutes with Cucina Fresca's new frozen pastas, "lazy" lasagna (\$15) and sharp cheddar macaroni and cheese (\$10). Fresh pasta is always the way to go, but if you're short on time, these flavors are outstanding as far as frozen meals go. cucinafresca.com

